

## CAARMS TRAINING: FREQUENTLY ASKED QUESTIONS

Question	Answer
How is the course structured?	<p>The course is structured in three staged levels of training:</p> <ol style="list-style-type: none"> <li>1. Practitioner training (2 days)</li> <li>2. Supervisor training (1 day)</li> <li>3. Supervisor refresher training (0.5 day)</li> </ol> <p>Furthermore, there will be an:</p> <ol style="list-style-type: none"> <li>4. Annual networking event for all trainees</li> </ol>
I have no previous certification as a supervisor for CAARMS, however I have experience with the CAARMS. I would like to apply for the Supervisor course, is this possible?	If you cannot show evidence of CAARMS practitioner certification, you can access the supervisor training by passing a psychometric entry assessment.
Am I eligible for practitioner training?	<p>You are eligible for practitioner training if:</p> <ol style="list-style-type: none"> <li>1. You are currently working for the NHS in early intervention for psychosis, early detection for psychosis, general practices or any other clinical services where you may assess young people with emerging mental disorders such as psychosis.</li> <li>2. You are also eligible if you are a clinician working with people with emerging mental disorders such as psychosis (e.g., but not restricted to psychiatrist, mental health nurse, psychologist) in training.</li> </ol>
How much is this course?	The course is free for all eligible trainees as it is commissioned, thus fully funded, by Health Education England (HEE).
Is this training suitable for adult services?	The training is suitable for staff who work with emerging mental health disorders in young people, i.e., individuals aged 12-35.

<p>Is training just focused on early intervention psychosis services or is there scope for it to be available for 24/7 crisis services?</p>	<p>Crisis services are eligible to apply.</p>
<p>Do I gain a certification at the end of the CAARMS practitioner course?</p>	<p>Yes. If you pass the final psychometric assessment, you will become a certified CAARMS Practitioner or certified Supervisor. If you do not pass, you will be given a second chance to complete another psychometric assessment within 1 week. If you still do not pass the second test you will need to retake the practitioner training.</p>
<p>How is the course structured for a Practitioner?</p>	<p>CAARMS practitioners will be empowered over two training days to learn basic skills and core psychometric concepts through frontal lectures, observation, skills practice, supervision and support to upskill and be able to deliver the assessment in clinical care. All trainees will also benefit from an annual networking event to promote sharing of good practices at the end of each training year.</p>
<p>How is the course structured for a Supervisor?</p>	<p>CAARMS supervisors will receive advanced training over one day, with one refresher half day, to effectively supervise, evaluate and assess CAARMS practitioners to build sustainability and impact. All trainees will also benefit from an annual networking event to promote sharing of good practices at the end of each training year.</p>
<p>How do I know I have been accepted onto the course?</p>	<p>Once you have registered your interest or been nominated by your service lead, we will contact all candidates to confirm whether you have successfully gained a place.</p>
<p>Can I attend one day of the practitioner training?</p>	<p>The course layout for the practitioner course consists of 2 days of bespoke training. Both days must be attended in order to pass the final psychometric test and gain practitioner certification.</p>
<p>What is the CAARMS?</p>	<p>The Comprehensive Assessment of At-Risk Mental States (CAARMS) is a semi-structured psychometric instrument for the identification of the At Risk Mental State (ARMS) based on presenting psychopathology. The ARMS could indicate an increased risk of development of first episode psychosis.</p>

Who can I contact for more information on the CAARMS course?	If you are interested in this training or have any queries, please contact the CAARMS programme delivery team at <a href="mailto:CAARMStraining@slam.nhs.uk">CAARMStraining@slam.nhs.uk</a>
I am interested in the CAARMS course, however I am outside England, am I eligible?	Unfortunately, as our training is commissioned by Health Education England, we can only recruit NHS England staff.
I am a psychiatrist in training, am I eligible?	Yes.
I am a GP, am I eligible?	Yes.
How long is the training?	Practitioner training occurs over two back-to-back training days, with an annual event at the end of year. Supervisor training occurs over a single training day, with a half-day refresher and an annual event.
How do I register my interest onto this training?	<p>Please complete the following 2-minute survey in order to register your interest and deem your eligibility: <a href="https://www.surveymonkey.co.uk/r/CAARMSEligibility">https://www.surveymonkey.co.uk/r/CAARMSEligibility</a></p> <p>If you have any other queries, or wish to submit interest on behalf of a whole team, please contact the CAARMS programme delivery team at <a href="mailto:CAARMStraining@slam.nhs.uk">CAARMStraining@slam.nhs.uk</a>.</p>

What are the dates of the training?

Practitioner training:

The Practitioner training programme runs from 9:30 to 16:30 over two days.

Cohort 1: 04/07/2022-05/07/2022

Cohort 2: 12/09/2022-13/09/2022

Cohort 3: 19/09/2022-20/09/2022

Cohort 4: 26/09/2022-27/09/2022

Cohort 5: 17/10/2022-18/10/2022

Cohort 6: 14/11/2022-15/11/2022

Cohort 7: 12/12/2022-13/12/2022

Cohort 8: 19/12/2022-20/12/2022

Cohort 9: 06/02/2023-07/02/2023

Annual Event: 20/02/2023

Supervisor training:

The Supervisor training programme runs from 9:30 to 16:30 over one day.

The Supervisor refresher training goes from 9:30 to 13:00 over one half-day.

Supervisor 1: 16/01/2023

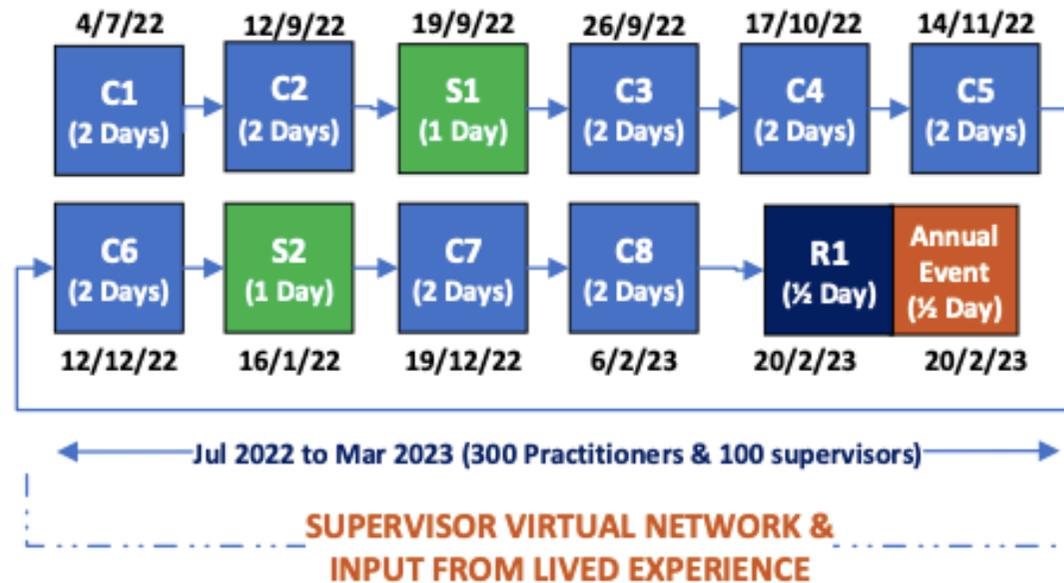
Refresher 1: 20/02/2023

Annual Event: 20/02/2023

## LEARNER JOURNEY

TRAINEES RECRUITED FROM LONDON, SE, SW & EoE HEE Regions

C = COHORT (PRACTITIONERS) / R = REFRESHER / S = SUPERVISOR



I am unsure whether I am eligible for practitioner or supervisor training, can you help?

Please follow the below eligibility flow diagram to deem eligibility for this training:

## Comprehensive Assessment of At Risk Mental States (CAARMS) for Psychosis Eligibility Flow Diagram 2022

