

General Psychiatry Fellowship Program
South London and Maudsley NHS Foundation Trust

Requirements

- Medical Degree and completion of Specialist Psychiatry training to consultant level or equivalent.
- IELTS / OET pass with the appropriate score to practice medicine in the UK.
- As a minimum, a doctor applying for registration with an offer of sponsorship must have been engaged in medical practice for three out of the last five years including the most recent 12 months.
- Candidates must meet the GMC's Good Medical Practice standards which can be found on http://www.gmc-uk.org/guidance/good_medical_practice/index.asp.
- Sponsored doctors will already have relevant specialist experience before coming to the UK and are expected to be at least at the level of a UK graduate with a minimum of three years post-qualification experience at the point they apply for registration.
- Applicants will need to supply evidence of an acceptable primary medical qualification and of their knowledge of English and show that their fitness to practice is not impaired.

Position Description

The South London and Maudsley NHS Foundation Trust provides the widest range of NHS mental health services in the UK and aim to be a leader in improving health and wellbeing – locally, nationally and globally.

We serve a local population of 1.3 million people in south London, as well as specialist services for children and adults across the UK and beyond.

Each year we provide inpatient care for over 5,000 people and treat more than 40,000 patients in the community in Lambeth, Southwark, Lewisham and Croydon.

Excellence in treatment, research and training

There are very few organisations in the world that have such wide-ranging capabilities working with mental illness. Our scope is unique because it is built on three major foundations: care and treatment, science and research, and training:

- Service users benefit from the highest level of care.
- Research teams explore new and better treatments.
- In-house training facilities pass on the latest knowledge and skills to staff members.

Working in partnership

We work in partnership with others to achieve our vision of improving the lives of the people we serve.

We are part of King's Health Partners an academic health sciences centre and are the only mental health trust in the UK to have our own biomedical research centre - hosted jointly with the Institute of Psychiatry, Psychology and Neuroscience (IoPPN).

Promoting mental health and wellbeing

The South London and Maudsley NHS Foundation Trust aims to promote mental health and wellbeing. Our philosophy of care is the recovery model. We provide treatment that helps people get well and stay well, so they can achieve their full potential. Above all, we believe change is possible, no matter how long someone has had a mental health problem, or how much this has changed their life.

Our integrated adult services make it possible for us to address both an individual's mental health and social care needs. In particular, we are focusing more on early intervention: getting help to people sooner and supporting them at an earlier stage in their lives – especially younger people. Our work is about changing lives, not just for individuals, but in partnership with them.

Our General Adult Inpatient Psychiatry services on Tyson west 1 ward

Each of the 4 London Boroughs under SLaM has its own inpatient wards for the general adult population, providing acute inpatient services.

Tyson West 1 ward, which will be the host team for the Fellow, is situated at Bethlem Royal Hospital, BR3 3BX. This is a 17-bed acute inpatient unit for 18 to 65-year-old males, although we also accommodate patients over 65 when they are not eligible for admission on the old age units. Our multidisciplinary team (MDT) approach, led by the consultant psychiatrist, tailors each patient's management according to their unique needs and with involvement from their families and carers in a safe environment.

The team usually includes 1 Consultant Psychiatrist, 3 doctors (1 Psychiatry Core Trainee, 1 Junior Clinical Fellow and the Senior Trainee/Registrar), Registered Mental Health Nurses, a Senior pharmacist, Psychologist, Occupational therapist, Support Workers, Activities co-ordinator. We involve dual diagnosis/substance misuse specialist nurses and peer support workers (people with lived experiences of mental illness) when appropriate.

EDUCATION

At South London and Maudsley NHS Foundation Trust, we embrace our responsibility to advance the mental health care system and expand our research, teaching and education expertise. As a teaching hospital, and with our affiliation with the Royal College of Psychiatrists, we provide many opportunities for student placements, both undergraduate and postgraduate, as well as training medical students from King's College London medical school, Core and Higher Trainees in psychiatry and Clinical Academic Fellows. The close affiliation to the Institute of Psychiatry, Psychology and Neuroscience (IoPPN), also means that undergraduate and postgraduate research students are also supported.

The South London and Maudsley NHS Foundation offers flexibility with Fellowships depending on the area of expertise and interest of each applicant. Fellows are expected to contribute to the academic life of at South London and Maudsley NHS Foundation Trust and the Royal College of Psychiatrists as well, including engagement through teaching, quality improvement work, and/or research, to be determined with the applicant.

TRAINING PROGRAM

The focus of the General Psychiatry Fellow will be on managing mentally acutely unwell patients using evidence-based psychopharmacological treatment. In addition to the clinical responsibilities for caring patients with severe and complex mental illness, the Fellow will have the chance to obtain the skills of planning personally catered holistic management for the individual patient using other modalities of treatment including psychological input, OT activities, and nursing care, with the intention to achieve the best functional recovery possible for our patients.

We treat a diverse patient demographic with a range of psychiatric disorders. This includes various psychotic illnesses, affective disorders, personality disorders, anxiety spectrum disorders, as well as treatment resistant patients.

The Consultant holds supervisions to meet the clinical and education needs of the Fellow. This involves direct supervision while seeing patients with various complex psychiatric disorders and formulating treatment as well as 1 to 1 supervision for case-based discussions and other topics.

Working with the professionals in the MDT will give fellows a wider understanding of these roles. This is also transferrable knowledge if the fellow is interested in developing such services in their home countries.

The Fellow will be given ample opportunities to get involved in teaching, including medical students and MSc Affective Disorders students from Kings College University, teaching sessions for nurses and support workers. All Doctors are encouraged and supported to contribute to teaching if they wish to participate. There are also opportunities to be involved in Quality

Improvement projects. Fellows may also present cases in the historical grand round of IoPPN. They can also participate in the journal club.

Fellows can develop their leadership and management skills. With supervision, they can chair ward rounds and team handovers. They are also supported in developing an understanding of the NHS' clinical governance and the interplay of its associated systems and organisations.

Fellows will become familiar with the Mental Health Act by attending tribunal hearings, writing medico-legal reports and carrying out Mental Health Act assessments.

Overall, we aim to develop the fellows' skills in treating psychiatric illnesses in an inpatient setting, such that they can provide effective patient care and lead teams in acute care independently. We also facilitate their ability to manage non-clinical responsibilities and appreciate their own limitations, thus encouraging continuous professional development. We seek to equip fellows with the professional values and behaviours required of a consultant psychiatrist referencing Good Medical Practice, so that they are able to work as a responsible clinician, effective communicator, leader and educator. The ultimate aim will be to be able to bridge training back to their home country and sponsoring organization in collaboration with South London and Maudsley NHS Foundation Trust and other members of the our networks.

Below is the outline of the activities of the fellowship:

Monday to Friday, 9 am - 5 pm with 30-minute lunch break (37.5 hours per week) divided into:

60% clinical duties between inpatient, ambulatory and outreach settings, working with interdisciplinary team of primary care physicians, nurse practitioners, nurses, social workers, psychologists, occupational therapists, and other allied health professionals in collaboration with consultant psychiatrists.

20%: Education and training in the area of general adult psychiatry.

20%: development of a collaborative project for mental illness in their own countries with key players from Research and Academics at South London and Maudsley NHS Foundation Trust and other partners including the Royal College of Psychiatrists, UK.

Time allocation per week: (3.5 hours per session)

6 clinical sessions

4 education/supervision sessions

Sample Timetable - The timetable below should only be interpreted as a guide to the most regularly occurring duties.

Day	AM	Lunch break (30 minutes)	PM
Monday	Clinical		Clinical
Tuesday	Clinical		Clinical / Supervision
Wednesday	Clinical		Education
Thursday	Clinical		Clinical/Supervision
Friday	Clinical		Education

The above can be modified based on clinical opportunities throughout the year.

Duties:

- Assessment of new cases for diagnostic and treatment needs, starting new treatment, supervise treatment to optimise outcomes.
- Daily clinical handover, reviewing patients.
- Liaison with community mental health teams, safeguarding teams, primary care, police and other secondary and tertiary psychiatry teams within SLaM (including neuropsychiatry, liaison psychiatry, affective disorders unit, national psychosis unit, rehabilitation unit, forensic psychiatry team amongst various specialist teams)
- We emphasise on optimal physical healthcare for our patients as mentally unwell patients to ensure holistic and patient-centered care. This would also involve liaising with general hospitals, primary care Physicians, Podiatrists, Physiotherapist, Speech and Language Therapists, Dietician amongst other professionals/
- Complex case and medication reviews.
- Understanding Mental Health Act legislation and applying the principles of consent, mental capacity, and safeguarding, to any legal framework.
- Staff support group to improve team working and also receive regular space to process challenging issues at work and improve wellbeing.
- Collaboration on quality improvement project in mental illness.

Education and Training elements are significant and can be tailored to the interest and needs of the Fellow. They may include:

- Attendance and presentation at Maudsley Grand Rounds.
- Attendance at the Journal Club.

Other services which can be included in the fellowship, depending on interest and need, include inpatient rehabilitation, inpatient forensic rehabilitation, community forensic team, early psychosis team, drug and alcohol service. This is not a comprehensive list and depending on the individual Fellow, other services may be accessed for their training and development.