



Maudsley  
Learning

## TRAINING PROGRAMMES FOR GENERAL HOSPITALS AND ACUTE TRUSTS

Mental health in the general hospital is an increasing priority. Covid-19 has made this even more relevant now and will be touched on in all courses. As organisations move from critical incident management into recovery planning, all hospitals have multiple challenges on a mental health front. At Maudsley Learning we have two groups of courses that will help you:

- **Mental health skills** for your workforce. Surveys show a widespread lack of knowledge and confidence in managing mental health in general hospitals. Our courses range from basic mental health skills to specialist topics such as managing co-morbid mental and physical needs, capacity and legal protection issues, and challenging behaviour.
- **Staff support** for your workforce. Research shows that the mental health and wellbeing needs of hospital staff are significant and have been enormously strained by the impact of covid-19. The opportunity is ripe to build better systems of support, from resilience training through to systemic wellbeing interventions.

Maudsley Learning has a full range of courses to meet these needs in your organisation. Most can be delivered to you and your hospital workforce and tailored to your requirements:

- **Maudsley Masterclasses** are available for up to 40 people and include a mixture of expert talks, small group teaching, and video case vignettes. These are available for full day socially-distanced classroom-based delivery and most will be livestreamed for remote access
- **Masterclass Digital** courses are fully-interactive 6-8 hour courses delivered online in bite-sized 2-hour live sessions
- **Maudsley Simulation** courses can be delivered in your local simulation suite socially distanced or via our innovative digital simulation platform.

# MASTERCLASSES

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## MENTAL HEALTH AWARENESS IN ACUTE TRUSTS

**Category:** Mental health skills

This Masterclass targets nursing staff and other clinicians who manage patients with mental health conditions. This course is a great basic course for all staff in the hospital and will enhance knowledge and skills to manage a full range of patient mental health issues.

## PSYCHIATRY UPDATE FOR PHYSICIANS

**Category:** Mental health skills

This Masterclass is for consultants and doctors-in-training of all specialities in the acute trust setting. This course will enhance knowledge and skills to manage challenging mental health cases in both inpatient and outpatient settings. Case-based learning using video case vignettes will ensure a practical and relevant learning experience for physicians.

## BEHAVIOURAL AND PSYCHOLOGICAL SYMPTOMS IN DEMENTIA

**Category:** Mental health skills

This Masterclass is aimed at nursing, medical, pharmacy, and allied health staff looking after patients with dementia and provides an approach to preventing cognitive worsening by safe and rational prescribing, as well as effective management of distress and challenging behaviour. Case studies and interactive sessions make the course relevant and enjoyable for learners. It is aligned with Tier 2 and 3 of the HEE Dementia Training Standards and NICE Guidelines.

## PERINATAL MENTAL HEALTH AND THE LAW

**Category:** Mental health skills

This Masterclass is for health professionals who work with women pre and post pregnancy and aims to improve confidence in dealing with complex issues that arise in this group. Legal and psychiatric experts will provide an update on relevant legislation, legal and clinical aspects of capacity assessment, and the latest research using interactive and case-based teaching.

## APPROACHING COMPLEX CAPACITY ASSESSMENTS

**Category:** Mental health skills

This course is aimed at all healthcare professionals who encounter issues around decision-making capacity whilst caring for their patients. Supported by the latest research in the field, and taught by legal and psychiatric experts on capacity, the course will teach advanced skills relating to how to approach, manage, and record complex capacity assessments.

## LIBERTY PROTECTION SAFEGUARDS

**Category:** Mental health skills

The new Liberty Protection Safeguards will come into effect this year, replacing DoLS to provide a new legal framework for deprivation of liberty. This course is aimed at hospital staff, including doctors, nurses, and managers, who need to be aware of their roles and responsibilities under the new laws, and is run by leading legal and clinical experts in mental health and capacity law.

## SKILLS FOR WELL-BEING, RESILIENCE AND LEADERSHIP IN URGENT AND EMERGENCY PATHWAY RESILIENCE TRAINING

**Category:** Staff support

This course is for workforce leaders hoping to improve wellbeing for themselves and their colleagues working in busy clinical teams. Course attendees will consider how high acuity clinical environments can impact on mental health and wellbeing, and how strategies such as wellbeing action plans can support a resilient and effective team.

## RESILIENCE TRAINING

**Category:** Staff support

Enhancing the resilience of our healthcare workforce is important but must be done in conjunction with understanding the systems they work within. Resilience training is available in a number of formats tailored to the needs of your hospital and can be done in partnership with others specialist trainers.

## SUPPORTING WORKFORCE MENTAL HEALTH DURING COVID-19

**Category:** Staff support

This Masterclass is for all hospital multi-disciplinary staff, but especially those who manage others at a range of grades. This course will build attendee's literacy in mental health and wellbeing, increase skills and knowledge in identifying and responding to staff in distress, and introduce strategies and approaches that can be adopted by teams and departments to support staff at all times and especially during covid-19.

# SIMULATION COURSES

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## PERINATAL MENTAL HEALTH

**Category:** Mental health skills

This one-day Simulation course is suitable for a range of professionals in health and social care who are involved in the care of women with mental health problems, both during pregnancy and following delivery. This includes all grades of psychiatrists, obstetricians and GPs, mental health nurses, midwives, health visitors and social workers.

## MENTAL HEALTH CRISIS IN THE EMERGENCY DEPARTMENT (PSYCHED)

**Category:** Mental health skills

This half-day inter-professional mental health simulation course is aimed at the range of professionals who are involved in the care of patients in the Emergency Department (ED). It will allow participants to take part in an evolving simulated case focusing on the assessment and management of a patient experiencing a mental health crisis.

## RETURNING TO WORK COURSE: POST COVID-19

**Category:** Staff support

This award-winning Simulation course is for all hospital multi-disciplinary staff, but especially doctors returning to work after a period of absence from sickness or extended leave for any reason. It will enhance knowledge and skills around self-care and expectations of re-entry into the working environment.

## SIMULATION WORKSHOP AT THE MENTAL-PHYSICAL INTERFACE: CHILDREN AND YOUNG PEOPLE (SWAMPI-CYP)

**Category:** Mental health skills

This one-day inter-professional course is aimed at paediatric trainees (ST1-8), paediatric nurses (bands 5-8), child and adolescent mental health professionals, core psychiatry trainees, child and adolescent psychiatry higher trainees, and any doctors undertaking a paediatric placement or with an interest in child health. It revolves around the management of young people with physical and mental health co-morbidity in the general hospital setting.

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## BOLT-ON

For your perfect training package please ask for further details and prices.

**Training Needs Analysis (TNA)** Let our team complete a full TNA for a department, directorate, or the whole hospital! We can work to complete this ourselves or work collaboratively with your own staff. Our standard outcome measures assess learner progress and produce a full report looking at wider impact of training using a range of tested assessment methodologies.

**Train the Trainer (TTT)** Sustainability is key for many organisations. Ask about our TTT packages for your own education faculty for some of the courses above.

Accreditation Maudsley Learning offers department, directorate, or whole hospital 'Maudsley Mental Health Trained' accreditation as a stamp of quality and assurance for internal governance or external patient engagement work.

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## GET IN TOUCH WITH...



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